## **ada 2025** building enclosure conference **Building Science Principles in Action** The Dews and Don'ts

Alex Kosis Simpson Gumpertz & Heger **Caroline Klatman** Simpson Gumpertz & Heger



**Provider** 



**Alex Kosis** 



#### **Caroline Klatman**

Associate Principal SGH Senior Consulting Engineer SGH

## **Building Science Principles in Action**

Building science includes the study of how heat, air, and moisture interact with primary building systems, including the building enclosure. It is a critical component of design that that focuses on the interaction between the building enclosure, interior space conditions, and exterior climate conditions and can have significant impacts on building performance, durability, and occupant experience.

Informed by new design practice and investigation, this presentation will touch on the basics of applying building science concepts to building enclosure design. The presentation will also explore, through a series of project examples and industry practices, everyday building science questions and solutions that are often situationally dependent.

#### **Learning Objectives**

- Identify key building science principles that apply to building enclosure design.
- 2. Understand how building enclosures manage heat, air, water, and vapor flow.
- Discuss how codes and standards address building science issues.
- Recognize the interdependency of building science concepts.
- Recognize building sciencerelated consequences and performance impacts of building enclosure design choices.





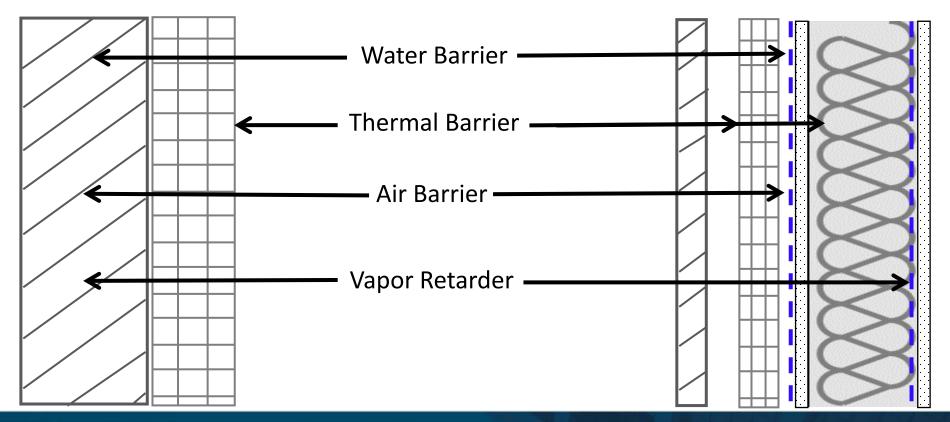
## **BUILDING ENCLOSURE BASICS**

HOW BUILDING ENCLOSURES MANAGE HEAT, AIR, WATER, AND VAPOR FLOW

## **BUILDING ENCLOSURE BASICS**

**Barrier Wall** (Face-Sealed)

#### Rainscreen (Drained Cavity Wall)



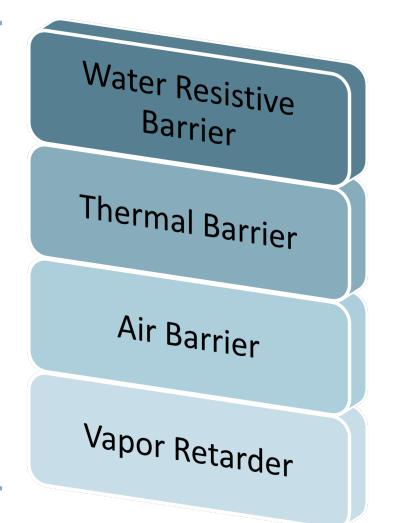


## **BUILDING ENCLOSURE BASICS**

Evaluation Criteria:

**The Four Barriers** 

Performance Reliability Durability Suitability Constructability + Continuity



<u>Function:</u> Rainwater/ Groundwater Control

Condensation Control & Energy Consumption

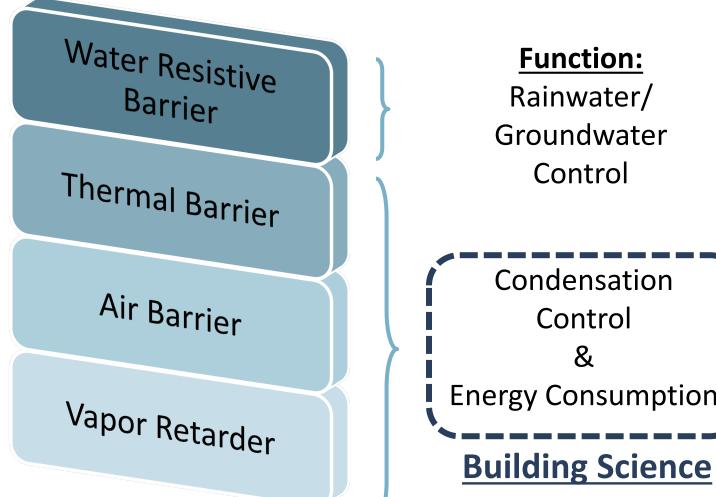


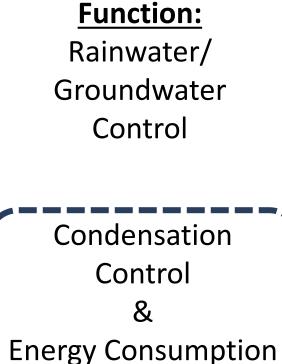
## **BUILDING ENCLOSURE BASICS**

**Evaluation Criteria:** 

**The Four Barriers** 

Performance Reliability Durability Suitability Constructability +Continuity







## **BUILDING SCIENCE PRINCIPLES IN ACTION**

TO VENT OR NOT TO VENT?

Hygrothermal Performance

Surface Condensation

Continuity of the Thermal

**Enclosed Air Spaces** 

Envelope

#### **Framed Roof Kickers**

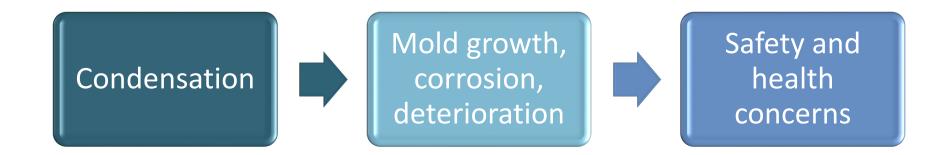


#### **Soffits**





Why Do We Care?





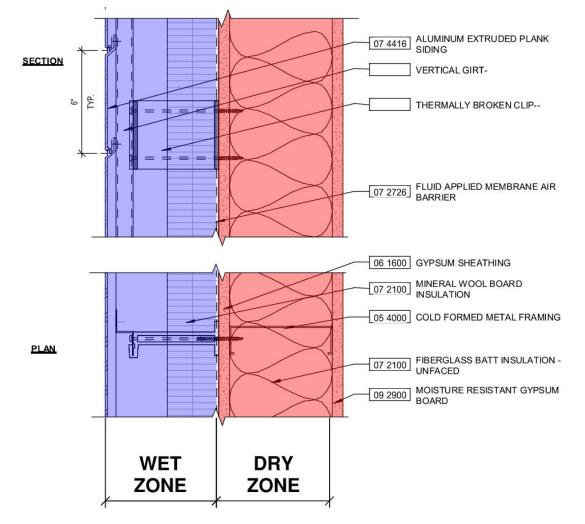
"Condensation is the process where water vapor in the air transforms into liquid water droplets when it comes into contact with a surface that is at or below the dew point temperature of the air"

"Dew point is the temperature at which water vapor has reached the saturation point (100% relative humidity)."

> - American Society of Heating, Refrigerating and Air Conditioning Engineers

#### **BUILDING SCIENCE PRINCIPLES IN ACTION: HYGROTHERMAL PERFORMANCE**

Wet Zone / Dry Zone



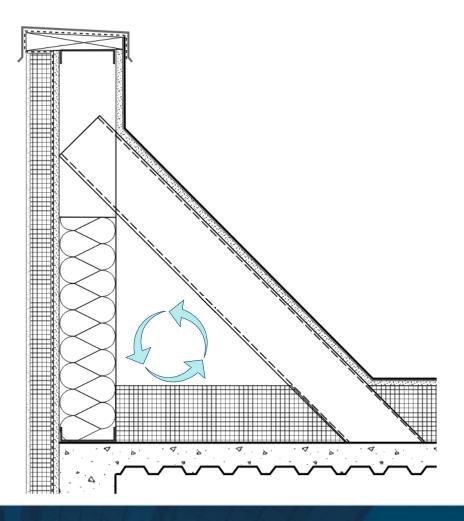


- Lack of ventilation
- Vapor flow from interior areas with higher vapor pressure
- Air leakage through enclosure assemblies



#### **Framed Roof Kickers**

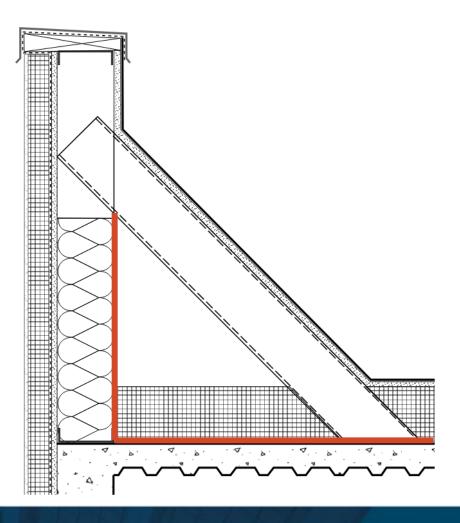
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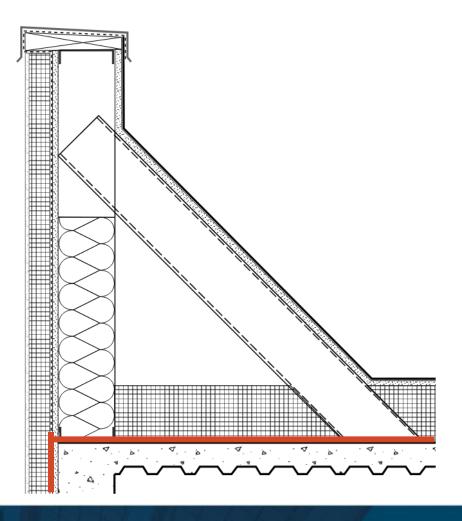
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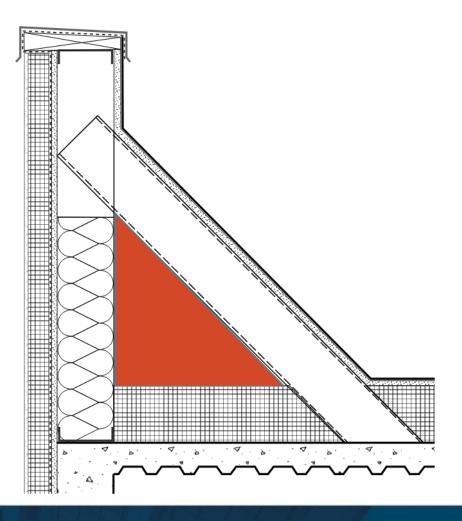
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#### **Framed Roof Kickers**

- Lack of ventilation
- Vapor flow from interior areas with higher vapor pressure
- Air leakage through enclosure assemblies





Is All Of This Always Necessary?

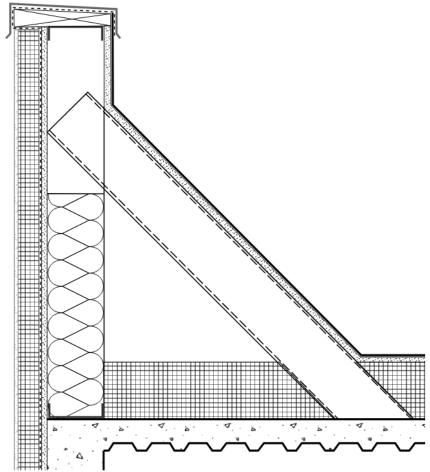
 Only in some places! Remember to consider climate

#### **Denver:**

Exterior temperature -1.4°F

#### Los Angeles:

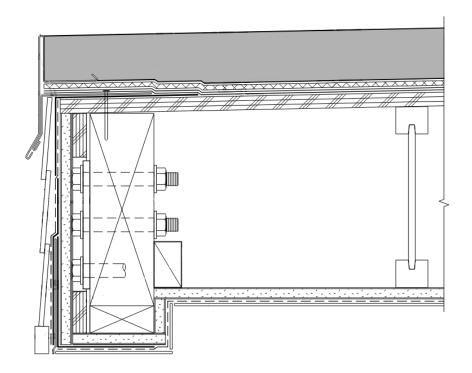
Exterior temperature 45°F



Interior temperature 68°F, 40% RH Dew Point temperature 43 °F



**Soffits** 



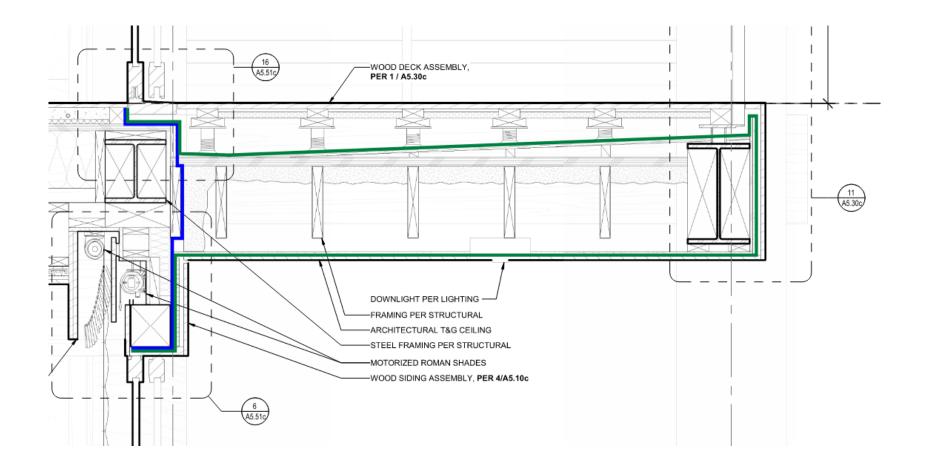
#### **Should I Vent?**

• IBC 2021, Chapter 23 requirements for wood-framed balconies

2304.12.2.5 Ventilation beneath balcony or elevated walking surfaces. Enclosed framing in exterior balconies and elevated walking surfaces that have *weather*-exposed surfaces shall be provided with openings that provide a net free cross-ventilation area not less than  $1/150}$  of the area of each separate space.



#### **Soffits**





## BUILDING SCIENCE PRINCIPLES IN ACTION

WHAT'S THE PATH OF LEAST RESISTANCE Continuity of the Thermal Envelope

Hygrothermal Performance

Enclosed Air Spaces

Surface Condensation





#### **Thermal Bridge\***

Any place in the building envelope where the otherwise uniform thermal resistance is changed due to:

- Full or partial **penetration** of the insulating layers by materials with a different thermal conductivity;
- **Change in thickness** of the insulating layers;
- Variance between interior and exterior areas of the envelope (e.g., at wall/floor/ceiling junctions, parapets, and building corners).

\* As defined in Building Envelope Thermal Bridging Guide v. 1.4, 2020



#### Why Do We Care?

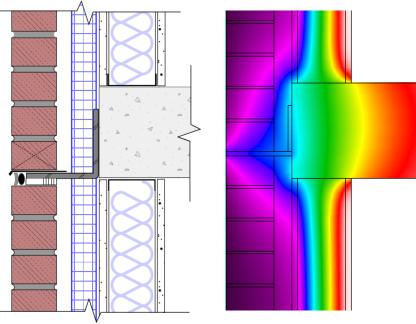
- Effective R-Value Reduction
- Excess heat flow = wasted energy and expense
- Indoor thermal comfort (cold interior surfaces, drafts)
- Building durability (condensation, mold) and indoor air quality
- Building code advancement and energy performance certifications





## **Examples of Thermal Bridges**

#### **Structural Steel Penetrations**



- Brick relieving angle
- Steel supports at canopies/balconies and rooftop dunnage



- Continuous hat channels or z-girts
- Repetitive discrete attachments (brick ties/stone anchors)



#### **Thermal Bridge Mitigation Strategies**

**Structural Steel Penetrations** 

- Thermal isolators/bearing pads/shims
- Discrete attachments/stand-offs

- Thermally broken clips, ties, and anchors
- Non-metal structural composites
- Thoughtful configuration



#### **Thermal Bridge Mitigation Strategies**

#### **Structural Steel Penetrations**

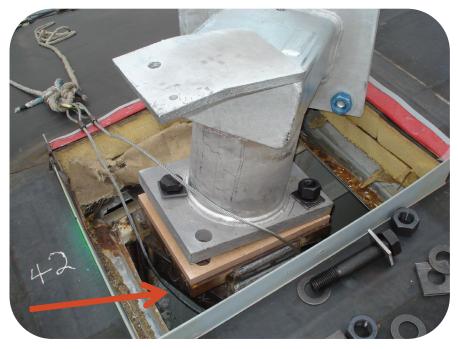
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- Thermally broken clips, ties, and anchors
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- Thoughtful configuration



#### **Thermal Bridge Mitigation Strategies**

#### **Structural Steel Penetrations**



Thermal isolator pad at rooftop dunnage

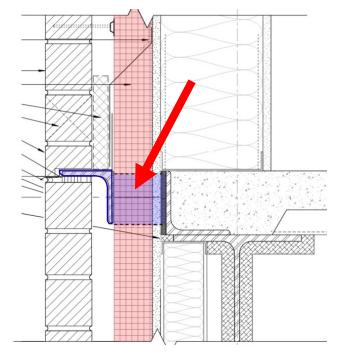


Thermal isolator pad at steel canopy support



#### **Thermal Bridge Mitigation Strategies**

#### **Structural Steel Penetrations**



Stand-off plate at relieving angle



- Thermally broken clips, ties, and anchors
- Non-metal structural composites
- Thoughtful configuration

#### **Thermal Bridge Mitigation Strategies**

**Structural Steel Penetrations** 

- Thermal isolators/bearing pads/shims
- Discrete attachments/stand-offs

- Thermally broken clips, ties, and anchors
- Non-metal structural composite attachments
- Thoughtful configuration of cladding attachments



#### **Thermal Bridge Mitigation Strategies**

**Structural Steel Penetrations** 

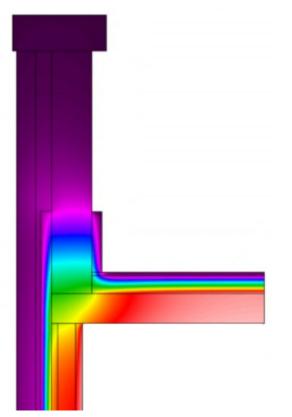
- Thermal isolators/bearing pads/shims
- Discrete attachments/stand-offs





#### **Examples of Thermal Bridges**

Parapets



Balconies



#### **Fenestration Frames**



	Legend									
17. <b>9</b> °	20.3°	22.7°	25.1°	27.4°	29.8°	32.2°	34.6°	37.0°	F	
										Close



#### **Thermal Bridge Mitigation Strategies**

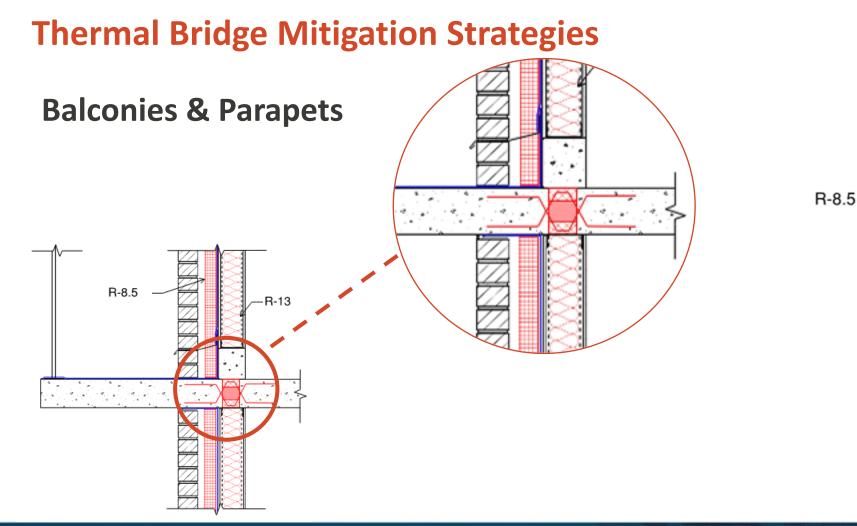
#### **Balconies & Parapets**

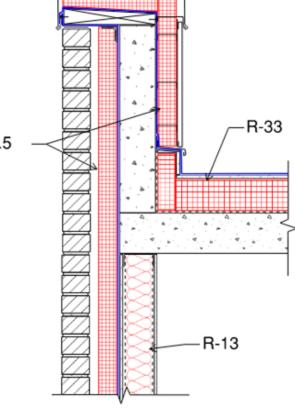
- Structural thermal breaks
- Continuous insulation

#### **Window Frames**

- Thermally broken or improved frames
- Alignment of exterior cavity insulation
- Continuous exterior cavity insulation









#### **Thermal Bridge Mitigation Strategies**

**Balconies & Parapets** 

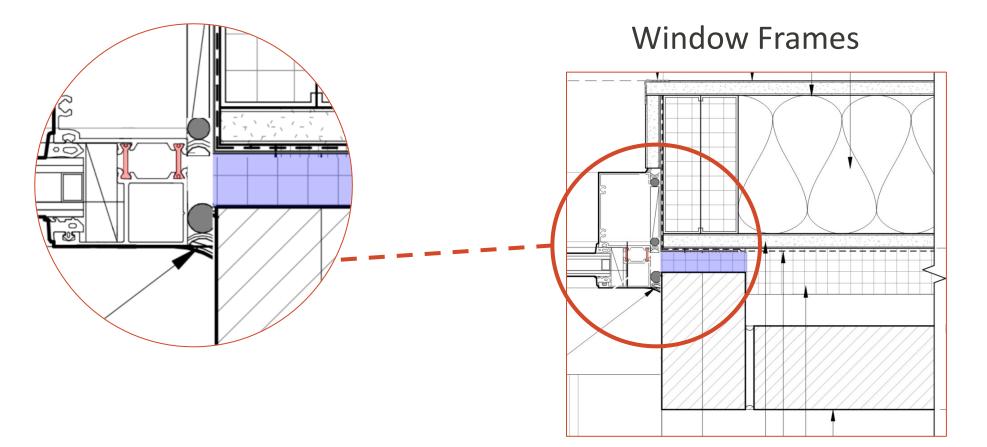
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#### **Window Frames**

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#### **Thermal Bridge Mitigation Strategies**





## **Poll Question**

**True or False** - The 2021 International Energy Conservation Code (IECC) requires designers to account for thermal bridges as part of complying with the <u>prescriptive</u> building enclosure requirements.

a. True

b. False

c. It depends on the type of thermal bridge

d. I'm not sure



#### **BUILDING SCIENCE PRINCIPLES IN ACTION: CONTINUITY OF THERMAL ENVELOPE**

#### **Poll Question**

**True or False** - The 2021 International Energy Conservation Code (IECC) requires designers to account for thermal bridges as part of complying with the <u>prescriptive</u> building enclosure requirements.

a. True

b. False

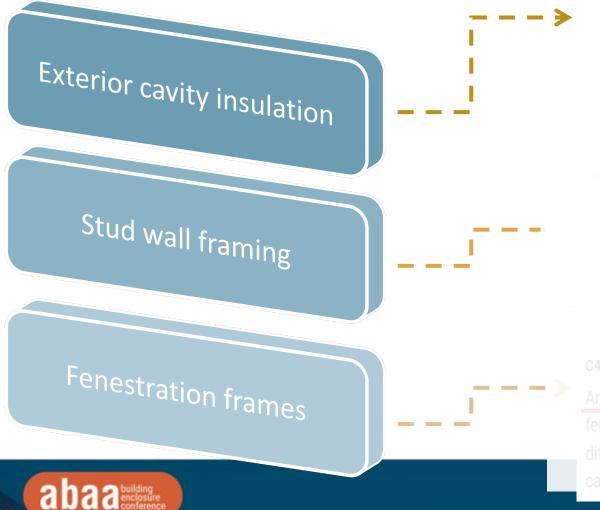
c. It depends on the type of thermal bridge

d. I'm not sure



#### **BUILDING SCIENCE PRINCIPLES IN ACTION: CONTINUITY OF THERMAL ENVELOPE**

#### **Poll Question**



#### 2021 IECC

**CONTINUOUS INSULATION** (ci). Insulating material that is continuous across all structural members without thermal bridges other than fasteners and service openings. It is installed on the interior or exterior or is integral to any opaque surface of the building envelope. (Ch. 2)

ABLE C402.1.4.2 EFFECTIVE R-VALUES FOR STEEL STUD WALL ASSEMBLIES

C402.4.3.4 Area-weighted U-factor. (Ch. 4)

eighted average shall be permitted to satisfy the U-factor requirement n product category listed in Table C402.4. Individual fenestration proenestration product categories listed in Table C402.4 shall not be co

alculating area-weighted average U-factor.

#### **BUILDING SCIENCE PRINCIPLES IN ACTION: CONTINUITY OF THERMAL ENVELOPE**

#### What do the building codes say?

 2021 International Energy Conservation Code
2022 Denver Energy Code
Specific thermal bridge requirements, more stringent,

more defined



# BUILDING SCIENCE PRINCIPLES IN ACTION

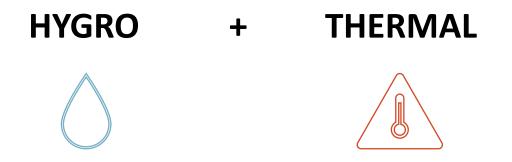
DOES THIS ASSEMBLY NEED A VAPOR RETARDER? Enclosed Air Spaces

Continuity of the Thermal Envelope

Hygrothermal Performance

Surface Condensation

#### What is it?



#### Why do we care?





#### Vapor Diffusion (Vapor Drive)

- The direction of vapor diffusion moves from higher vapor pressure to lower vapor pressure:
  - Exterior Conditions: 30°F, 70% RH
  - Interior Conditions: 70°F, 30% RH
  - P<sub>sat</sub> for 30°F = 0.18 in. Hg
  - $P_{vap}$  for 30°F =  $P_{sat}$  x RH = 0.18 in. Hg x 0.70
  - P<sub>vap</sub> for 30°F = 0.13 in. Hg (0.06 psi)
  - P<sub>sat</sub> for 70°F = 0.74 in. Hg
  - $P_{vap}$  for 70°F =  $P_{sat}$  x RH = 0.74 in. Hg x 0.30
  - P<sub>vap</sub> for 70°F = 0.22 in. Hg (0.11 psi)



#### Vapor Diffusion (Vapor Drive)

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  - P<sub>sat</sub> for 70°F = 0.74 in. Hg
  - $P_{vap}$  for 70°F =  $P_{sat}$  x RH = 0.74 in. Hg x 0.30
  - $P_{vap}$  for 70°F = 0.22 in. Hg (0.11 psi)

# Vapor diffusion typically moves:

- From interior to exterior in cold weather
- From exterior to interior in warm weather

(particularly if humid)



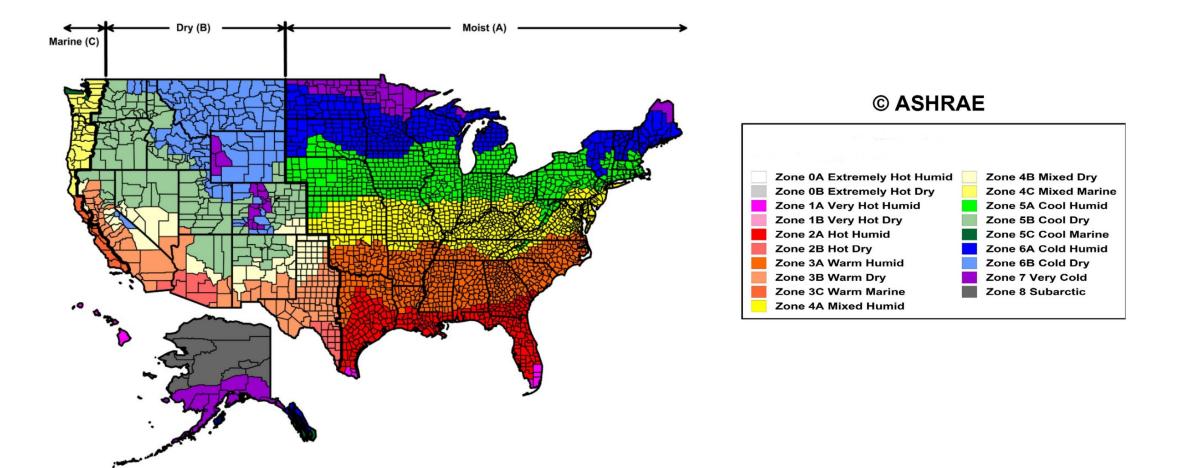




Figure Annex1-1 ASHRAE Standard 169-2013, Figure B-1: Climate zones for United States counties.

#### **Roof Vapor Retarder (Prescriptive)**

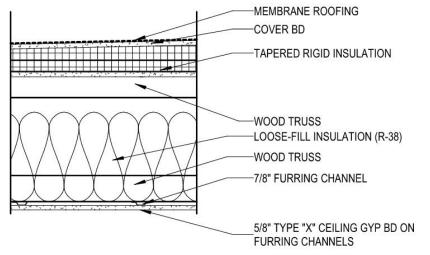
**1202.3 Unvented attic and unvented enclosed rafter assemblies.** Unvented *attics* and unvented enclosed roof framing assemblies created by ceilings applied directly to the underside of the roof framing members/rafters and the structural roof sheathing at the top of the roof framing members shall be permitted where all of the following conditions are met:

- 2. No interior Class I vapor retarders are installed on the ceiling side (*attic* floor) of the unvented *attic* assembly or on the ceiling side of the unvented enclosed roof framing assembly.
- 4. In Climate Zones 5, 6, 7 and 8, any *air-impermeable insulation* shall be a Class II vapor retarder or shall have a Class II vapor retarder coating or covering in direct contact with the underside of the insulation.
  - 5.1. Item 5.1.1, 5.1.2, 5.1.3 or 5.1.4 shall be met, depending on the air permeability of the insulation directly under the structural roof sheathing.

IBC 2021, Section 1202.3

- 5.1.2. Where air-permeable insulation is provided inside the building thermal envelope, it shall be installed in accordance with Item 5.1.1. In addition to the air-permeable insulation installed directly below the structural sheathing, rigid board or sheet insulation shall be installed directly above the structural roof sheathing in accordance with the *R*-values in Table 1202.3 for condensation control.
- 5.1.3. Where both air-impermeable and airpermeable insulation are provided, the *air-impermeable insulation* shall be applied in direct contact with the underside of the structural roof sheathing in accordance with Item 5.1.1 and shall be in accordance with the R-values in Table 1202.3 for condensation control. The *air-permeable insulation* shall be installed directly under the *air-impermeable insulation*.

#### **Roof Vapor Retarder (Prescriptive)**



5.1.2. Where air-permeable insulation is provided inside the building thermal envelope, it shall be installed in accordance with Item 5.1.1. In addition to the air-permeable insulation installed directly below the structural sheathing, rigid board or sheet insulation shall be installed directly above the structural roof sheathing in accordance with the *R*-values in Table 1202.3 for condensation control.

TABLE 1202.3
INSULATION FOR CONDENSATION CONTROL

CLIMATE ZONE	MINIMUM R-VALUE OF AIR-IMPERMEABLE INSULATION <sup>a</sup>
2B and 3B tile roof only	0 (none required)
1, 2A, 2B, 3A, 3B, 3C	R-5
4C	R-10
4A, 4B	R-15
5	R-20
6	R-25
7	R-30
8	R-35



#### IBC 2021, Table 1202.3

Vapor Barrier Placement per IBC 2021

TABLE 1404.3(2) VAPOR RETARDER OPTIONS

CLIMATE ZONE	VAPOR RETARDER CLASS		
	I	I	III <sup>a</sup>
1, 2	Not permitted	Not Permitted	Permitted
3, 4 (except Marine 4)	Not permitted	Permitted	Permitted
Marine 4, 5, 6, 7, 8	Permitted	Permitted	See Table 1404.3(3)

- Class I: 0.1 perm or less
- Class II: 0.1<perm≤1.0 perm
- Class III: 1.0<perm≤10 perm

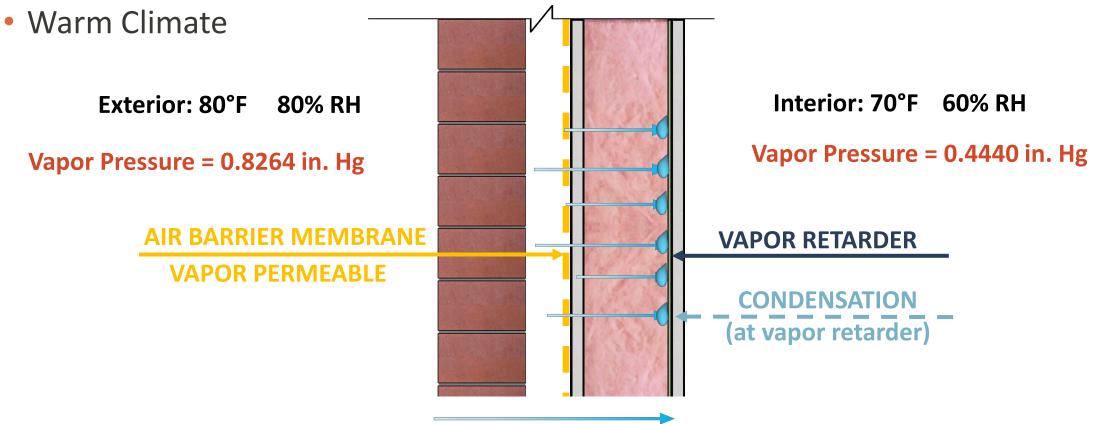
Impermeable Semi-Impermeable Semi-permeable

§1404.3 Interior Exterior

**1404.3 Vapor retarders.** Vapor retarder materials shall be classified in accordance with Table 1404.3(1). A vapor retarder shall be provided on the interior side of frame walls in accordance with Tables 1404.3(2) and 1404.3(3), ...



#### Wall Vapor Retarder (Prescriptive)



Direction of Vapor Flow

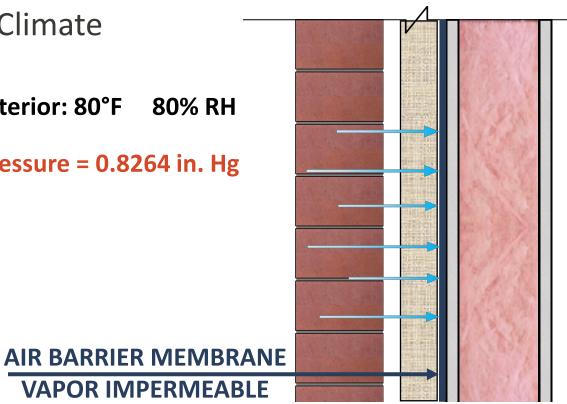


#### Wall Vapor Retarder (Prescriptive)

• Warm Climate

Exterior: 80°F

Vapor Pressure = 0.8264 in. Hg

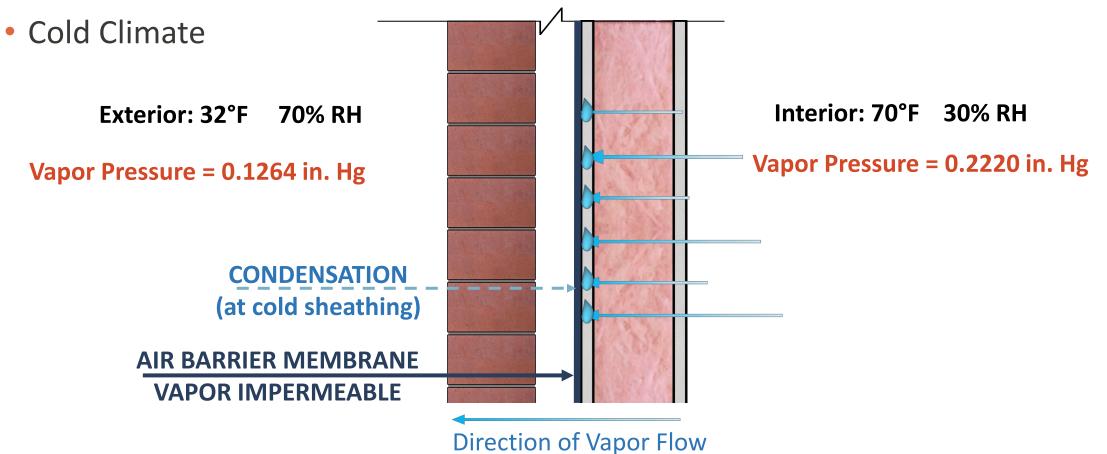


Interior: 70°F 60% RH

Vapor Pressure = 0.4440 in. Hg

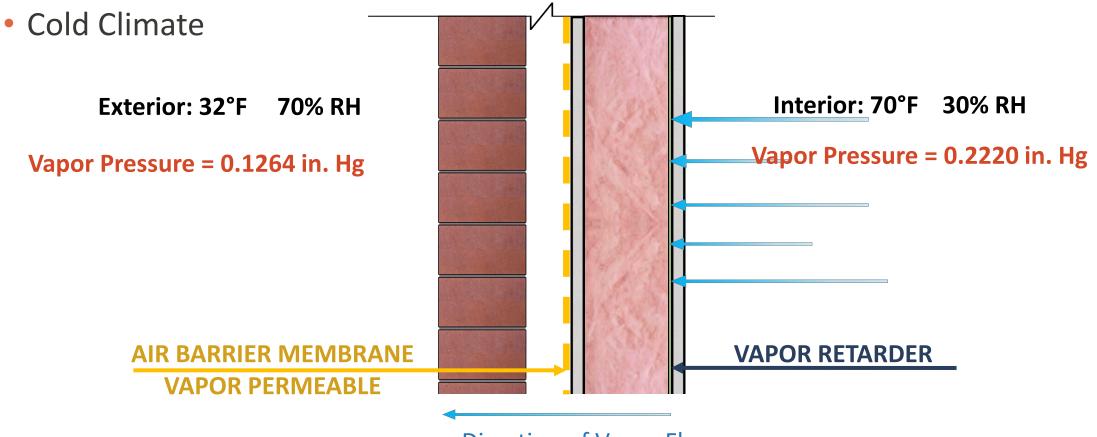
**Direction of Vapor Flow** 

#### Wall Vapor Retarder (Prescriptive)





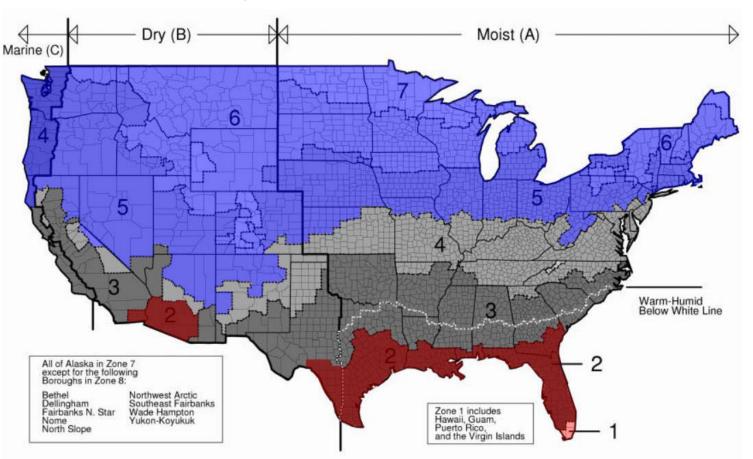
#### Wall Vapor Retarder (Prescriptive)



**Direction of Vapor Flow** 

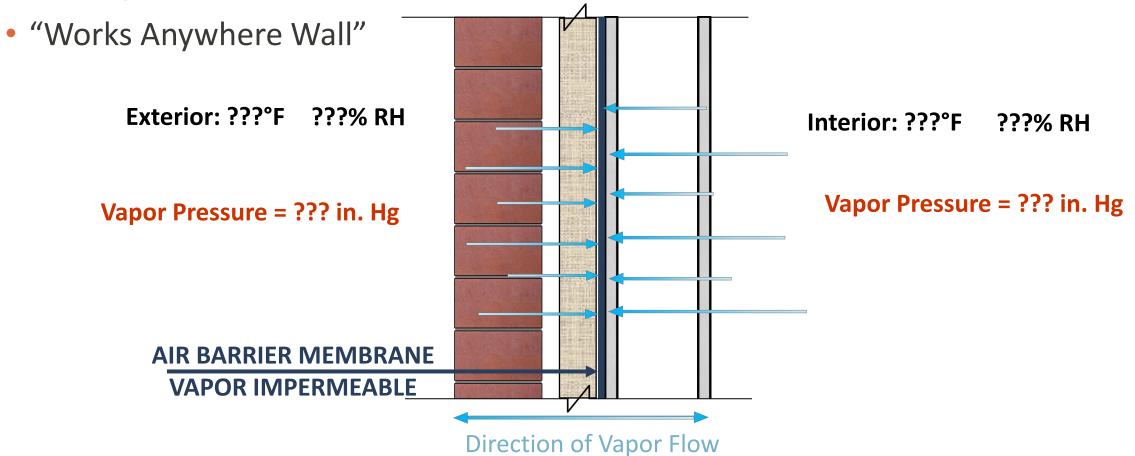


#### Wall Vapor Retarder (Prescriptive)





#### **Wall Vapor Retarder**

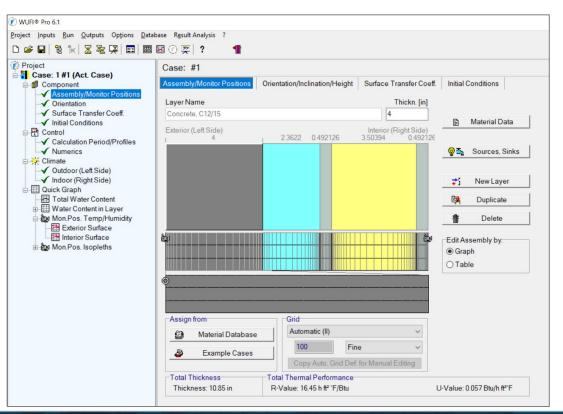




#### **Hygrothermal Analysis**

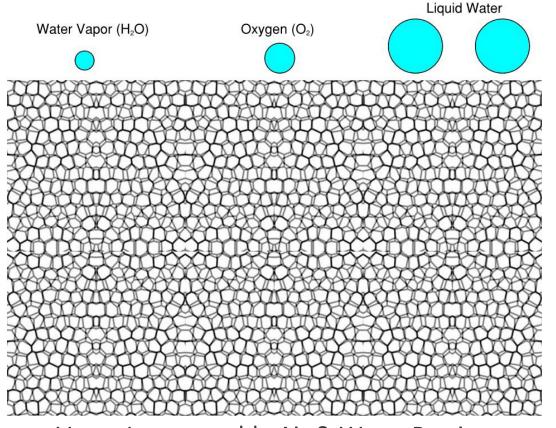
**1404.3 Vapor retarders.** Vapor retarder materials shall be classified in accordance with Table 1404.3(1). A vapor retarder shall be provided on the interior side of frame walls in accordance with Tables 1404.3(2) and 1404.3(3), or an approved design using accepted engineering practice for hygrothermal analysis. The appropriate climate zone shall be selected in accordance with Chapter 3 of the International Energy Conservation Code.







#### **Additional Considerations for Hygrothermal Performance**

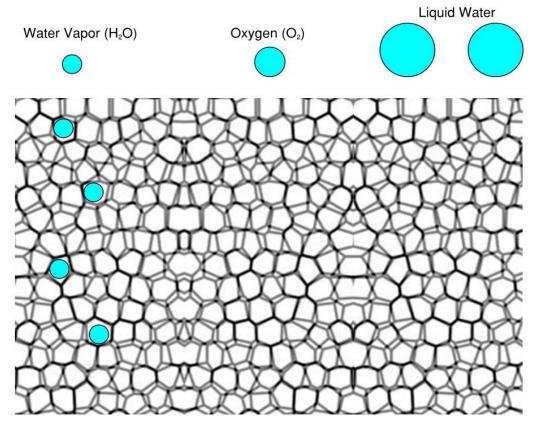


Vapor Impermeable Air & Water Barrier



- Permeability of each assembly layer
  - Closed cell insulations
  - Impermeable facers
  - Water-resistive barrier

#### **Additional Considerations for Hygrothermal Performance**

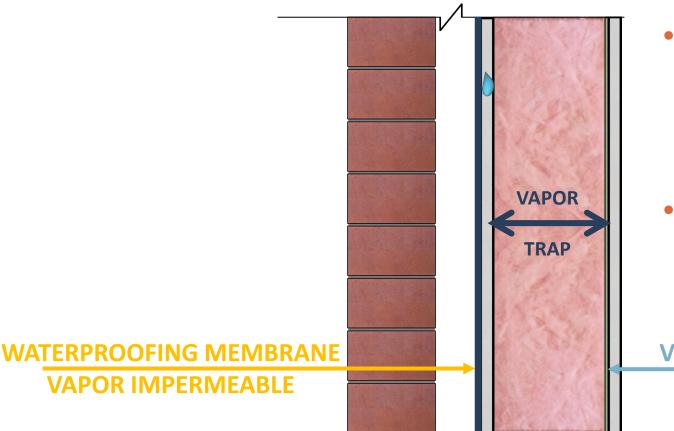


Vapor Impermeable Air & Water Barrier



- Permeability of each assembly layer
  - Closed cell insulations
  - Impermeable facers
  - Water-resistive barrier

#### **Additional Considerations for Hygrothermal Performance**



- Permeability of each assembly layer
  - Closed cell insulations
  - Impermeable facers
  - Water-resistive barrier
- Avoid vapor traps

#### **VAPOR RETARDER**



#### **Additional Considerations for Hygrothermal Performance**



- Permeability of each assembly layer
  - Closed cell insulations
  - Impermeable facers
  - Water-resistive barrier
- Avoid vapor traps
- Unanticipated additions to the assembly



# BUILDING SCIENCE PRINCIPLES IN ACTION

WHEN IS CONDENSATION AN ISSUE? Continuity of the Thermal Envelope

Hygrothermal Performance

Enclosed Air Spaces

**Surface Condensation** 

#### **Key Drivers**

- Cold Surface Temperatures
- High RH

#### What to Focus On

- Wintertime conditions
- Spaces with high interior RH
- Other case-by-case conditions

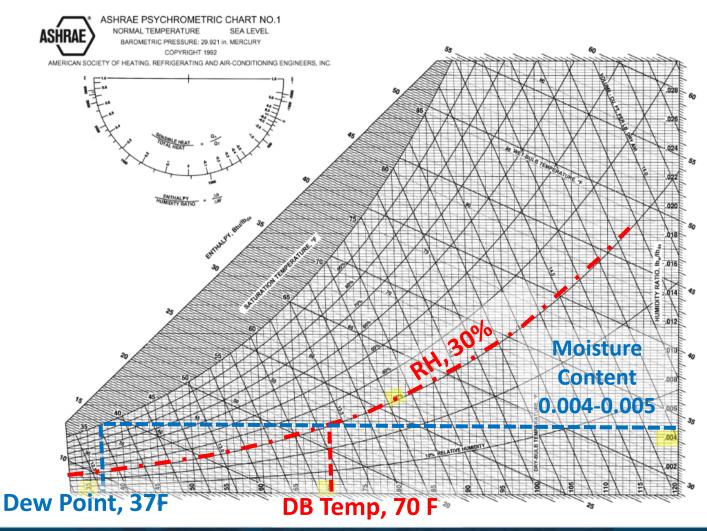




Image credit – ASHRAE Handbook of Fundamentals, 2017

#### **Surface Condensation**



Ice on window frame



Condensation on window glass



Condensation on mechanical duct



#### Why Do We Care?







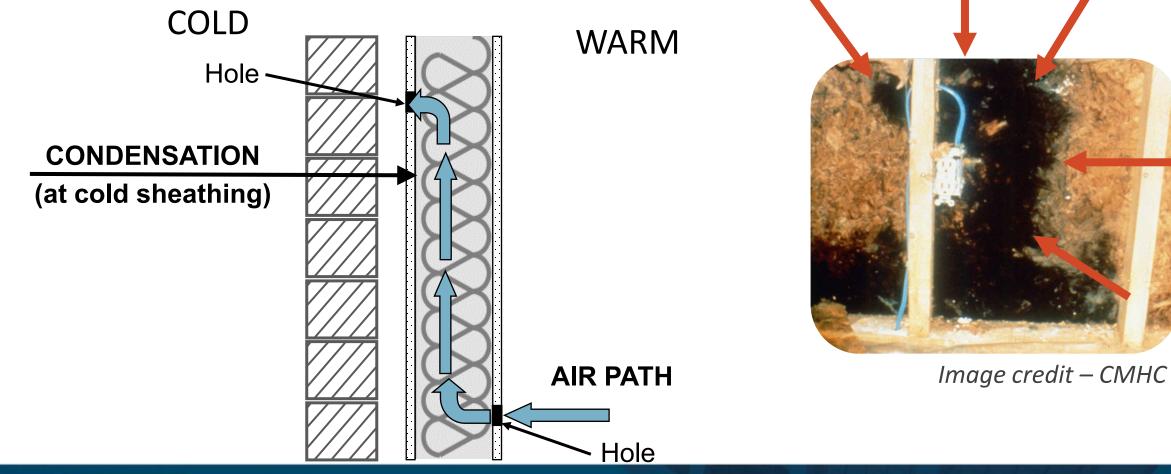
#### Why Do We Care?







#### Air Leakage





#### Why Do We Care?

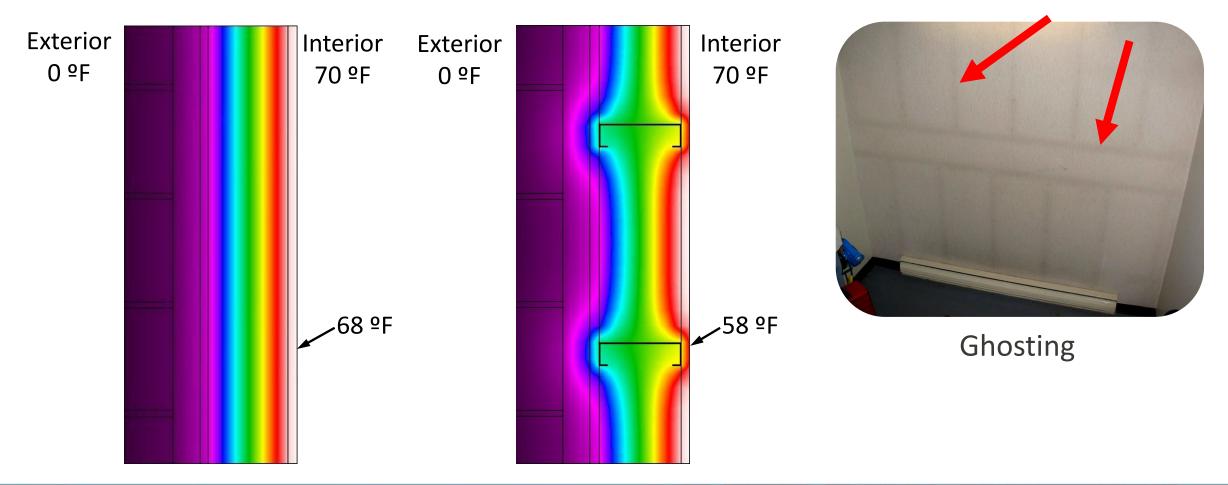






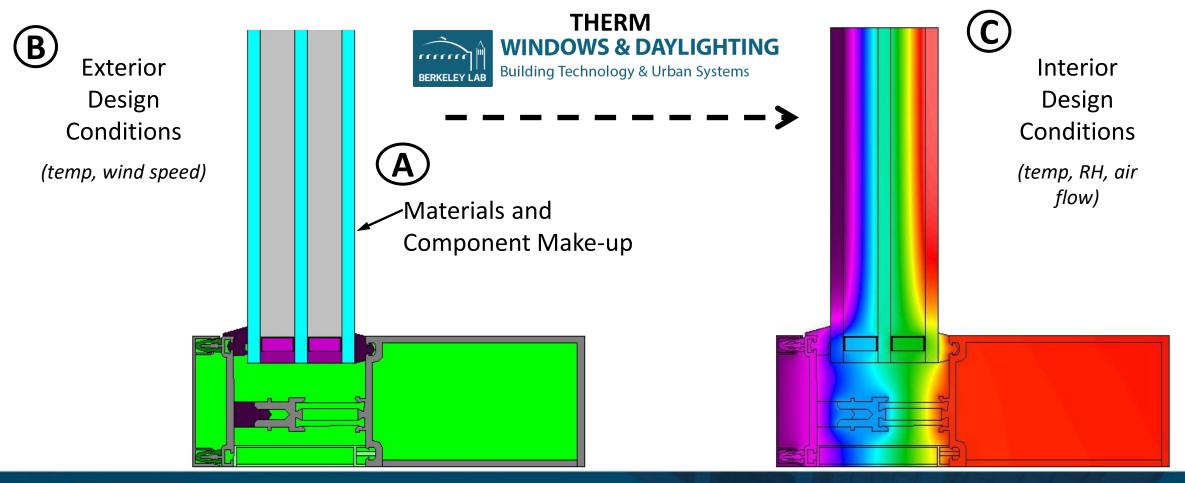


#### Why Do We Care?



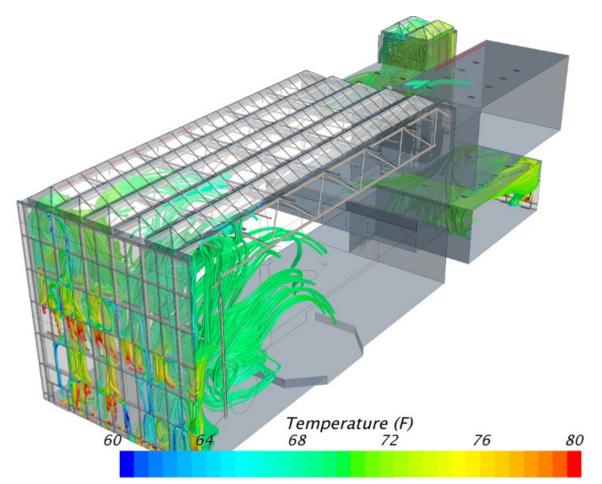


Surface Condensation Potential Analysis: What Information do We Need?





**Interdependency with Mechanical Design** 





## **Poll Question**

**Pick One** - What conditions <u>could</u> result in interior surface condensation?

- a. When it's cold outside
- b. When it's cold inside
- c. When a space is actively humidified
- d. When the interior space ventilation is poor
- e. All of the above



## **Poll Question**

**Pick One** - What conditions <u>could</u> result in interior surface condensation?

- a. When it's cold outside
- b. When it's cold inside
- c. When a space is actively humidified

d. When the interior space ventilation is poor

e. All of the above



## What Do We Do About It?

- Cold Surface Temperatures
- High RH
  - Detail systems with better thermal performance
  - Apply dedicated heat (warm air washing/heat trace)

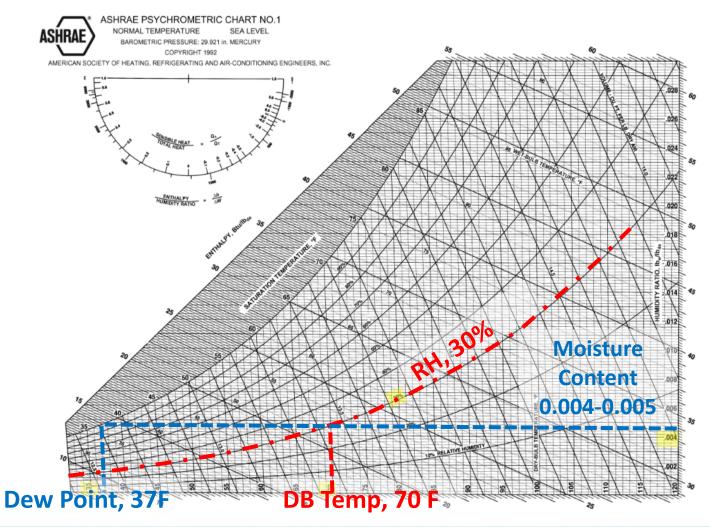




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## What Do We Do About It?

- Cold Surface Temperatures
- High RH
  - Provide ventilation
  - Avoid stagnant air
  - Provide dehumidification if required

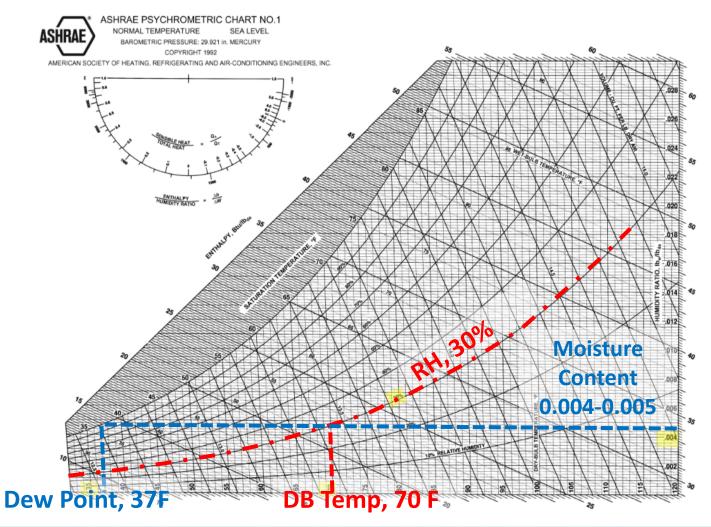
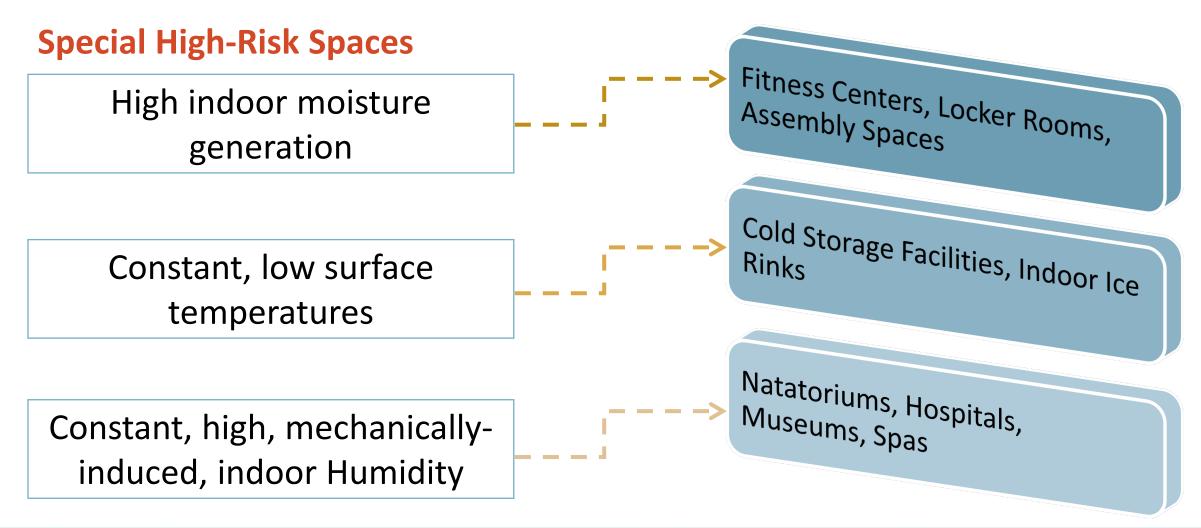




Image credit – ASHRAE Handbook of Fundamentals, 2017







## TAKEAWAYS

- The building enclosure is an assembly of materials, and some materials perform multiple functions at once
- Use of materials with multiple functions may result in unintended consequences
- Building science problems and solutions often deal with more than one of the four barriers, and configuration is key
- Building science solutions are not one-size-fits-all
- Changes to an established design can inadvertently create building science problems



## **QUESTIONS?**



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